



Europe & Scandinavia
58° 50' N 11° 2' E

Norway, Sweden and Denmark: Nordic Flavors and Scenic Landscapes

Experience the wide breadth of Nordic culture and nature as you embark on a voyage through the cities, villages and natural landscapes of Scandinavia. Hike and kayak along remote, windswept coastlines that showcase the region's rugged beauty and wildlife. Indulge in fresh seafood, traditional pastries and innovative Nordic dishes with locally sourced produce and fish. Become immersed in centuries-old history at every turn, from rich seafaring traditions to famed Nordic artists.

From

\$ 8,111 / per person
Does not include flights



DATES

May and Jun



DURATION

8 Days



SHIPS

National Geographic Endurance



STARTS AT

Copenhagen,
Denmark



ENDS AT

Edinburgh,
Scotland

Highlights

- ★ Zodiac, kayak and hike among 6,000 marine species—including 60 different endemic marine sponges—in Kosterhavet National Park, Sweden's first National Marine Park
- ★ Search for bottlenose dolphins and taste locally made whiskey along the River Spey in Moray Firth
- ★ Explore the narrow, whitewashed streets of Mandal—one of Norway's oldest trade villages—and discover its historic arts scene
- ★ Visit North Zealand, the summer home of Knud Rasmussen and refuge for the Danish royal family over the centuries





Day by day

■ DAY 1

Copenhagen, Denmark / Embark Ship

Arrive in Copenhagen and transfer to the city center. Known for its walkable, colorful streets and charming canals, experience the city at your own pace before embarking the ship this afternoon.

Meals included: dinner

◇ DAY 2

North Zealand

Arrive in North Zealand today, known for its windswept coast lined with sand dunes, quaint villages and a refuge for the Danish Royal Family. Take advantage of the many options along the northern coast, including a visit to Knud Rasmussen's summer home looking out over the North Sea towards his beloved Greenland. Alternatively, venture out into the water on a seaweed safari, learning about the over 30 species of seaweed and their uses or walk the halls of historic Fredericksborg Castle, the largest in the Nordic region, dating from the 1600s.

Meals included: breakfast, lunch, dinner

◇ DAYS 3-4

Kosterhavet National Park, Sweden

Comprising 150 square miles around the islands in the Koster archipelago, Kosterhavet National Park is the first National Marine Park in Sweden. It contains over 6,000 marine species—including 200 that cannot be found anywhere else in Sweden, like the cold-water coral *Lophelia pertus*—and one of the country's two coral reefs. Spend two days island hopping, kayaking, and hiking as you experience the natural beauty of this archipelago.

Meals included: breakfast, lunch, dinner

◇ DAY 5

Mandal, Norway

Considered by many to be one of the prettiest villages in all of Norway, Mandal sits at the far southern tip of the country. Perched in a harbor and surrounded by whitewashed buildings, this coastal village is the oldest market town in the region, dating back to the 1500s. Beyond its trade history, Mandal is known for its local artists and its vast natural beauty. Stroll Sjøsandene, one of Norway's best beaches, and tour the birthplace of Gustav Vigeland, one of Norway's greatest artists, at the Vigeland house.

Meals included: breakfast, lunch, dinner

◇ DAY 6

At Sea

Sail across the North Sea to Scotland. These waters have been a connecting route between Norse Kingdoms and Shetland as far back as the ninth century. Enjoy the day on board to edit photos or attend a presentation about the region with one of your naturalists. Schedule a massage with the wellness specialist or spend time on the observation deck as you watch for the migrating wildlife that call this region home.

Meals included: breakfast, lunch, dinner

◇ DAY 7

Coast of Moray Firth, Scotland

Sail to Moray Firth, a quiet triangular inlet in northeast Scotland. Sitting within the North Sea, it has a multitude of rivers and smaller inlets feeding into its basin. The River Spey—the second longest river in Scotland—runs through its interior out to its

coastline. Known for its purity and natural beauty, the water has given rise to vibrant marine life, like bottlenose dolphins and wild salmon, coastal boatbuilding traditions and an iconic whisky trail in the valleys along its path.

Meals included: breakfast, lunch, dinner

■ DAY 8

Edinburgh / Disembark Ship

Disembark in Edinburgh and transfer to the airport for flights home.

Meals included: breakfast

Westbound

Copenhagen, Denmark → Edinburgh, Scotland

2026 Departure Dates

Aboard *National Geographic Endurance*

13 Jun		
--------	--	--

Alternative Routes

Visit Expeditions.com for more information.

2026 Departure Dates

23 May



National Geographic Endurance

Guests	Cabins
138	76

The most advanced ice-class expedition ship afloat, the *National Geographic Endurance* offers unprecedented access to polar regions.

The first new polar build in Lindblad's 50-year history, *National Geographic Endurance* is named to honor explorer Ernest Shackleton and his legendary Transantarctic Expedition.

A fully-stabilized vessel of the highest ice class (PC5 Category A), she will enable adventurous guests to go where few have or can. Endurance's most striking exterior feature is her distinctive profile, the patented X-Bow®, a game-changing design that guarantees the smoothest, most comfortable ride in all kinds of conditions; and since it eliminates bow impact, a quieter ride, as well.

An equally impressive feature may well be her capacity: she carries just 138 guests, a commitment to expedition excellence over scale. Scandinavian-inflected, luxuriously appointed, her inviting interiors would be a destination in themselves. Because she is a Lindblad expedition ship, however, her attention is focused on the world outside—with acres of window glass to keep you connected to the stunning views beyond the pane, and a fleet of expedition tools to get you out exploring.

National Geographic Endurance and *National Geographic Resolution* are next-generation expedition ships. Purpose-built for polar navigation. Fully stabilized, highly strengthened, ice-class Polar Code PC5 (Category A) vessels, they are designed to navigate polar passages year-round, and safely explore uncharted waters, while providing exceptional comfort. The patented X-bow[®] is key to their design; its powerful wave-slicing action provides an extremely smooth ride even in adverse conditions, and even reduces spray on deck for superior observation. They carry a full suite of expedition tools, and offer a variety of experience enhancing amenities.



Cabin Categories

Category 1

Fore Deck: #404, 406, 408, 411, 413, 415

Fore Deck, with two large windows, two singles that can convert to a queen, armchair, writing desk and chair, two bedside tables, window sofa and a closet.



Category 2

Fore Deck: #410, 412, 414, 416-419, 421-427

Fore Deck, with two large windows, two single beds that can convert to a queen, window sofa, two-seat sofa, coffee table, armchair, writing desk with an office chair, two bedside tables and a closet.



Category 3

Main Deck: #512, 514-524

Cabin with balcony that features two balcony chairs, hammock, and a table; two single beds that convert to a queen; convertible sleeper sofa; writing desk with a chair; two bedside tables; coffee table; and a closet.



Category 4

Lounge Deck: #608, 610, 612, 613-623

Cabin with balcony that features two balcony chairs, hammock and a table; two single beds that can convert to a queen; pull-out sofa; coffee table; writing desk with chair; two bedside tables; and a closet.



Category 5

Bridge Deck: #700-707, 712, 713, 715, 717

Cabin with balcony that features two balcony chairs, hammock, and a table; two single beds that convert to a queen; convertible sleeper sofa; coffee table; writing desk with chair; two bedside tables; and a closet.



Category 6

Bridge Deck: #714

Junior suite with balcony that features two balcony chairs, hammock, and table; two single beds that convert to a queen; pull-out sofa; writing desk with chair; two bedside tables; coffee table; espresso maker; and a closet. Guests receive priority access to one spa treatment and one igloo reservation and complementary laundry per departure.



Category 7

Bridge Deck: #708-711, 716, 718, 719, 721

These large balcony suites feature two balcony chairs, hammock, and table; two single beds that can convert to a queen; pull-out sofa; coffee table; writing desk and chair; espresso maker; and a large walk-in closet with full length mirror. Expanded bathroom has a double vanity, bathtub, towel warmer and rain shower. Guests receive priority access to one spa treatment and one igloo reservation and complementary laundry per departure.



Category A Solo

Main Deck: #504, 506-511, 513

Cabin with balcony that features two balcony chairs, hammock, and a table; single bed; writing desk with an office chair; and a closet.



Category B Solo

Lounge Deck: #604-607, 609, 611

Cabin with balcony that features two balcony chairs, hammock, and a table; single bed; writing desk with chair; hammock; and a closet.



Ship amenities

Public Areas

Reception; three dining areas; an observation lounge with bar, gym, wellness area, infinity-style outdoor hot tubs with adjacent igloos; library; main lounge with full service bar, 24-hour beverage station, state-of-the-art tech for films/presentations; B&H Photo locker and a photo workshop area; science hub; an onboard broadcast studio; an expedition base with lockers for expedition gear; and open access to the Bridge, Captain, officers and on-duty wildlife spotters.

Meals

Restaurant 270° features wrap-around views; two other dining areas offer lighter, made-to-order fare or intimate, small group dinners. All feature sustainable choices, local where possible, and unassigned, flexible, inclusive seating.

Cabins

All cabins face outside with large windows, private bathroom, and climate controls. Cabins are equipped with expedition command centers with iPad tablets, multiple electrical and USB outlets, TVs, with on demand entertainment, phone, Wi-Fi, clock, barometers, hygrometers, vanity mirror, mini refrigerator, small safe, ice bucket, glasses, hair dryer, reading lights and National Geographic Atlas. Luxury linens and pillows. Bathrooms outfitted with Rain showers & hand held shower, botanically inspired shampoo, conditioner, shower gel and lotion. Complimentary insulated water bottles. Balcony cabins have hammocks, chairs and table.

Expedition Equipment

Zodiac landing craft, kayaks, snowshoes, cross-country skis, an ROV and underwater video camera for unique access to the polar undersea, hydrophone, aerial remote-controlled camera and video microscope.

Special Features

A full-time doctor, undersea specialist, National Geographic photographer, Lindblad-National Geographic certified photo instructor and video chronicler, an internet cafe and laundry. A forward and aft staircase, and elevators, reach all decks. Echoing the pioneering installation aboard *National Geographic Endurance*, artist Zaria Forman has curated a new exhibit, featuring a wide range of artists.



Wellness

A glass-enclosed yoga studio, gym, treatment rooms and spa relax area, and high and low-heat saunas with ocean views, staffed by wellness specialists.

Self-Disinfecting Ships

ACT Clean Coat™ is a light-activated, self-disinfecting cleaning process that continuously breaks down viruses, bacteria, mold, and airborne allergens across all ship surfaces. Not only does this create a cleaner, healthier shipboard environment for guests and crew alike, but this non-toxic, chemical-free system also saves more than one million gallons of water each year in our cleaning procedures, and reduces our carbon footprint as well as the amount of plastic and waste in our supply chain.

Special Offers

60% reduced deposit for any 2026 voyage

Book between June 3 and August 1, 2025 and receive 60% off the deposit due at the time of booking. Remaining deposit balance is due at the time of final payment. Additional restrictions may apply. Offer valid for new bookings only on 2026 departures, subject to availability and offer may be withdrawn at any time without prior notice, not applicable on airfare or extensions, and may not be combined with other offers. Call for details.

BRINGING THE KIDS

We believe sharing an expedition with children is a life-enhancing experience. Save \$500 for each child under the age of 18 on any departure. Not applicable on extensions or airfare. Call for details.

CELEBRATE LIFE'S MILESTONES

Celebrate a milestone with a group of eight or more and enjoy a special amenity package including: 5% savings on voyage fares, custom group photo, US\$150 shipboard credit for the group, and other special gifts. Milestone celebration to be communicated at time of booking.

10% OFF BACK-TO-BACK VOYAGES

Save 10% on consecutive departures, applicable on voyage fares only and not valid on extensions or airfare. Valid for new bookings only, subject to availability, and may not be combined with other offers. Call for details.

SAVE 5% TRAVELING AS A GROUP

Save 5% when traveling as a group of eight or more

people. Valid on voyage fares only and not applicable on extensions or airfare. Deposit, final payments, and cancellation policies for group travel vary from our regular policies. Valid for new bookings only, subject to availability, and may not be combined with other offers. Call for details.

PAY BY DEBIT: EARN A \$100 ONBOARD CREDIT

The \$100 onboard credit offer is applied after the final payment and requires 85% of the cost of the voyage to be placed on a debit card. Maximum of one \$100 onboard credit per cabin. The \$100 onboard credit is a non-refundable, non-transferable credit that can be used for various onboard purchases such as global gallery and spa treatments. It has no cash value, cannot be refunded if not fully utilized, and will be forfeited if not fully redeemed by the end of the voyage. This offer is combinable with other offers. If the booking is altered or canceled, the onboard credit may be forfeited, and it cannot be transferred if the booking is moved to another guest. Lindblad Expeditions reserves the right to modify or cancel the offer without prior notice. Offer applies to Lindblad Expeditions' owned ships only. Offer valid only for Debit Cards issued in the United States for payments made from the United States.

COMBINING OFFERS

Certain offers may be combinable, up to two savings opportunities, except where noted otherwise. For example, travel with a group of 8 or more on back-to-back expeditions, and take advantage of both savings.

Included in price

All accommodations aboard ship or in hotels per itinerary; all meals as indicated in the itinerary, both aboard and onshore; beer, wine, cocktails, liquor and spirits aboard the ship (except certain premium brands which are available for purchase); hors d'oeuvres, 24-hour access to snacks, premium coffees and teas, non-alcoholic beverages, and filtered water; excursions and airport transfers to and from recommended flights, as indicated in the itinerary; crew gratuities; exploration tools curated to destination, such as Zodiacs and kayaks; guidance and company of our leading expedition staff; assistance by the National Geographic Photographer and Lindblad Expeditions-National Geographic certified photo instructor; access to the OM System Photo Gear Locker; presentations by expedition staff and expert guest speakers; complimentary reusable water bottle; onboard physician consultations; morning stretch classes and 24-hour access to exercise equipment; 24-hour access to lounges, observation decks, library, and other shared spaces; park and site entrance fees, special access permits, and port taxes. Unused services or items included in our programs are non-refundable.

Not included in price

Airfare (except flights when indicated as included); pre- and post-expedition extensions; additional hotel nights (except when indicated as included); private transfers; laundry, spa treatments, Wi-Fi, and phone services (except when indicated as included); travel protection plans; and passport, visa, and immigration fees.

Additional costs associated with medical services outside onboard physician consultation.

Travel Protection "Plus" Plan: <https://www.expeditions.com/terms-conditions/travel-protection-plan/>

Cancellation policy

Review our cancellation policy: <https://www.expeditions.com/cancellation-policy/>

Travel protection plan

We strongly recommend our guests to take advantage of our Travel Protection Plan. This plan offers comprehensive coverage to protect you from cancellation fees, costs incurred due to trip delays/interruption, damage or loss of baggage, medical assistance, and evacuation during your travels. Our Travel Protection Plan is available for U.S. residents only, and may be purchased any time prior to final payment due date, Travel Protection premiums are non-refundable once plan is purchased. Learn more about our