



North America, Pacific Northwest & River Cruises  
46° 3' N 118° 20' W

## Columbia and Snake Rivers: Food, Wine, and History 6-Day

Experience the bounty of the Pacific Northwest in less than a week with National Geographic-Lindblad Expeditions and wines curated by *Food & Wine* Executive Wine Editor Ray Isle. Delve deep into the history, harvests, and landscapes of the Columbia and Snake rivers, while indulging your senses with the region's culinary splendors and world-class wines. Actively explore the region on hikes, kayaking excursions, and visits to museums and wineries. Our nimble, intimately scaled ship offers an unmatched vantage for taking in the rolling valleys and soaring canyons, and a top team of naturalists—including experts on history, geology, and wine—illuminates all we see and savor.

From

**\$ 3,675** / per person  
Does not include flights



### DATES

Mar, Apr, Sep  
and Oct



### DURATION

6 Days



### SHIPS

*National Geographic Sea Lion*



### STARTS AT

Clarkston,  
Washington



### ENDS AT

Portland,  
Oregon



## Highlights

- ★ Indulge in gourmet, seasonal menus featuring sustainable ingredients primarily sourced from the Pacific Northwest region we explore
- ★ Join nightly tastings of the region's best wines, personally selected by Food & Wine magazine's Executive Wine Editor Ray Isle
- ★ Explore art galleries, sweets shops, and tasting rooms in delightful downtown Walla Walla
- ★ Witness the region's geological wonders—from Multnomah Falls to the Palouse River—and explore up close by foot, kayak, and Zodiac







## Day by day

### ■ DAY 1

#### Clarkston, WA / Embark Ship

Choose to fly into nearby Lewiston, Idaho, or into Spokane, Washington, two hours away. Transfers will be provided from either airport to Clarkston to embark the ship in the afternoon. This evening our wine expert will host our first tasting before our chef introduces our first locally-sourced dinner.

**Arrival Time:** Arrive by 3:30 p.m. local time (Lewiston); arrive by 1:30 p.m. local time (Spokane).

**Arrival City:** Lewiston, Idaho, or Spokane, Washington

**Meals included:** dinner

### ◇ DAY 2

#### Palouse River

The still water of the Palouse River is the perfect mirror for the surrounding basalt cliffs as we set off on our Zodiac and kayak adventures. Later visit Palouse Falls, where waters plunge 200 feet into a churning pool. These falls and the surrounding canyon with its towering cliffs, cavernous holes in the earth, and winding water routes are part of geologically unique channeled scablands created by ancient floods. In the evening enjoy wines and cocktails on the bow as we pass through two impressive locks.

**Meals included:** breakfast, lunch, dinner

### ◇ DAY 3

#### Walla Walla, Washington

Drive through some of the most fertile agricultural areas in the nation, with bright, rolling green and purple fields of sprouting wheat, asparagus, and famous Walla Walla sweet onions. Choose to visit Dunham Cellars for a private tasting in a WWII

airplane hangar, or the Whitman Mission, a standout National Historic Site, where friction between Native Americans and white missionaries erupted into an event that reverberates in our culture today. After lunch at a local winery, explore charming downtown Walla Walla at your leisure, perusing local galleries, sampling sweets at the country's #1 candy store, or popping into cozy tasting rooms.

**Meals included:** breakfast, lunch, dinner

### ◇ DAY 4

#### Cruising the Gorge

Today we spend the day cruising through some of the most scenic and geologically interesting stretches of the Columbia River and the Columbia Plateau. Our geologists provide fascinating insight on the glacial floods that sculpted the landscape 13,000 years ago, as our food and wine expert illustrates the expression of such unique terrain through its tastes and tannins.

**Meals included:** breakfast, lunch, dinner

### ◇ DAY 5

#### Cruising / Hood River Valley

Today we immerse ourselves in the region's natural and man-made marvels. Make a stop at neck-craning Multnomah Falls before an optional hike of iconic Beacon Rock, a basalt column towering 848 feet above the Columbia River. Later, enjoy a special private event with Syncline Winery at the Columbia Gorge Interpretive Center. Savor canapes and Syncline's distinctive wines as you take in 15,000 years of cultural history, including indigenous art and a massive working steam engine. In the afternoon we explore the scenic Columbia and pass through Bonneville Lock and Dam. Take

a local beer or steaming cup of coffee to the bow where our naturalists offer honest perspectives on the controversial history of dams along the river.

Meals included: breakfast, lunch, dinner

## ■ DAY 6

### Portland / Disembark Ship

Arrive in Portland, located on the Columbia and Willamette rivers, in the shadow of snow-capped Mt. Hood. The city is known for its ecofriendliness, microbreweries, and coffeehouses. After breakfast, disembark the ship and transfer to the airport for return flights home.

**Departure Time:** Depart after 11:30 a.m. local time.

**Departure City:** Portland, Oregon

Meals included: breakfast

6-Day Westbound

Clarkston, Washington → Portland, Oregon

Alternative Routes

Visit [Expeditions.com](http://Expeditions.com) for more information.

2026 Departure Dates

Aboard *National Geographic Sea Lion*

29 Mar		
08 Apr		
24 Sep		
04 Oct	14 Oct	

2026 Departure Dates

24 Mar, 03 Apr, 19 Sep, 29 Sep





## ***National Geographic Sea Lion***

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**Guests**

62

**Cabins**

31

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**A U.S.-flagged vessel, she and her sister  
*National Geographic Sea Bird* discover domestic waters**

Before they built the *National Geographic Venture* and *Quest*, U.S. shipbuilder Nichols Brothers built the twin ships *National Geographic Sea Lion* and *National Geographic Sea Bird*. Nimble, reliable, and intimately scaled, they both continue to sail the waters of the west coast of North America and Central America.

*Sea Lion* accommodates just 62 guests in 31 outside cabins. Her inviting public spaces foster a sense of shipboard life where everyone is integral to the adventure, engendering a rewarding sense of community and esprit du corps. National Geographic writer Andrew Evans called *Sea Lion* the “closest thing to Cousteau’s *Calypso*” he’s ever had the pleasure to be on.

With a shallow draft and small size, she can easily reach places inaccessible to larger ships. She can venture into fast-moving channels where whales come to feed, transit a series of locks in the Pacific Northwest, nose up to waterfalls in secluded coves, and sail into protected anchorages in small bays perfect for snorkeling and kayaking.





# Cabin Categories

## Category 1

**Main Deck: #300-305**

Conveniently located between the dining room and lounge, these cabins feature two single beds, and a large window. All cabins feature a closet, two nightstands, and sink/vanity with large mirror outside the bathroom.



## Category 2

**Bridge Deck: #101-104**

**Upper Deck: #200-212, 215**

These well-located cabins include two single beds and a window. Cabin doors and windows open to the outside. Cabins feature a closet, two nightstands, closet, and sink/vanity with large mirror outside the bathroom.



## Category 3

**Upper Deck: #214, 216, 217, 219**

These cabins include two single beds that can convert to a double bed and a pullout murphy bed for a third person. Cabins feature a small table, two chairs, large double closet, sink/vanity with large mirror outside the bathroom, and two windows. Cabin doors and windows open to the outside. Third person rates are available in certain categories at one-half the double occupancy rate.



**Note:** Solo occupancy cabins are available in Categories 1 and 2 only. Third person rates are available in certain categories at one half the double occupancy rate.

### Shared Accommodations:

Shares can be arranged at the double occupancy rate in Categories 1 and 2 only.

## Category 3

**Bridge Deck: #105, 106**

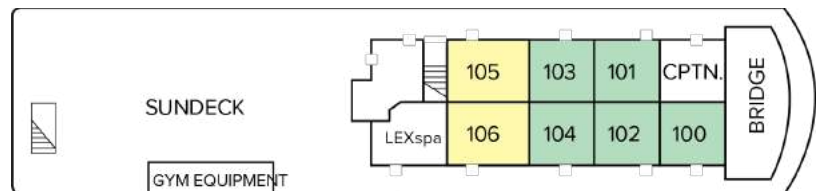
These cabins include two single beds. Cabins feature a small table, two chairs, large double closet, sink/vanity with large mirror outside the bathroom, and two windows. Cabin doors and windows open to the outside.



## Bridge Deck

Category 2

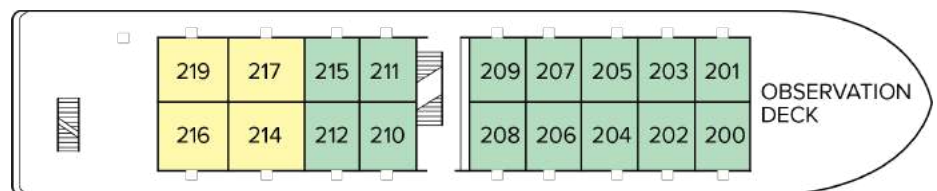
Category 3



## Upper Deck

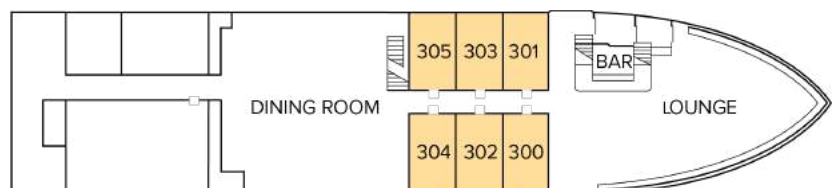
Category 2

Category 3



## Main Deck

Category 1





# Ship amenities

## Public Areas

A library; global market; lounge with full-service bar and facilities for films, slideshows and presentations; observation deck; partially covered sun deck with chairs and tables. Our “open bridge” provides guests an opportunity to meet our officers and Captain and learn about navigation.

## Meals

Meals are served in the dining room at a single seating with unassigned tables for an informal atmosphere and easy mingling. Menus feature sustainable choices, local where possible.

## Cabins

All cabins face outside with windows, private bathroom, and climate controls. Cabins are equipped with WiFi, multiple electrical and USB outlets. Botanically inspired shampoo, conditioner, shower gel, and lotion are all available in cabin bathrooms, as well as an Expedition Essential Kit. Hair dryers, complimentary insulated water bottles and a National Geographic Atlas is available in each cabin.

## Expedition Equipment

A fleet of 6 Zodiacs and 16 kayaks, paddleboards, Remotely Operated Vehicle (ROV), hydrophone, splash-cam, underwater video camera, video microscope, snorkeling gear and wet suits for all guests (where applicable).



## Special Features

Lindblad-National Geographic certified photo instructor, undersea specialist and video chronicler.

## Wellness

A fitness center with elliptical, treadmill, weights, resistance bands; LEXspa treatment room, staffed by wellness specialists.



## Self-Disinfecting Ships

ACT Clean Coat™ is a light-activated, self- disinfecting cleaning process that continuously breaks down viruses, bacteria, mold, and airborne allergens across all ship surfaces. Not only does this create a cleaner, healthier shipboard environment for guests and crew alike, but this non-toxic, chemical- free system also saves more than one million gallons of water each year in our cleaning procedures, and reduces our carbon footprint as well as the amount of plastic and waste in our supply chain.

## Special Offers

### SAVE 5% TRAVELING AS A GROUP

Save 5% when traveling as a group of eight or more people. Valid on voyage fares only and not applicable on extensions or airfare. Deposit, final payments, and cancellation policies for group travel vary from our regular policies. Valid for new bookings only, subject to availability, and may not be combined with other offers. Call for details.

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### CELEBRATE LIFE'S MILESTONES

Celebrate a milestone with a group of eight or more and enjoy a special amenity package including: 5% savings on voyage fares, custom group photo, US\$150 shipboard credit for the group, and other special gifts. Milestone celebration to be communicated at time of booking.

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### COMBINING OFFERS

Certain offers may be combinable, up to two savings opportunities, except where noted otherwise. For example, travel with a group of 8 or more on back-to-back expeditions, and take advantage of both savings.



## Included in price

All accommodations aboard ship or in hotels per itinerary; all meals as indicated in the itinerary, both aboard and onshore; beer, wine, cocktails, liquors and spirits aboard the ship (except certain premium brands which are available for purchase); hors d'oeuvres, 24-hour access to snacks, premium coffees and teas, non-alcoholic beverages, and filtered water; excursions and airport transfers to and from recommended flights, as indicated in the itinerary; exploration tools curated to destination, such as Zodiacs, stand-up paddleboards, kayaks; guidance and company of our leading expedition staff; assistance by the Lindblad Expeditions-National Geographic certified photo instructor; access to the OM System Photo Gear Locker; presentations by expedition staff and expert guest speakers; complimentary reusable water bottle; onboard physician consultations; morning stretch classes and 24-hour access to exercise equipment; 24-hour access to lounges, observation decks, library, and other shared spaces; basic WiFi, park and site entrance fees, special access permits, and port taxes. Unused services or items included in our programs are non-refundable.

## Not included in price

Airfare (except flights\* when indicated as included); pre- and post-expedition extensions; additional hotel nights (except when indicated as included); crew gratuities; private transfers; laundry, spa treatments, travel protection plans; and passport, visa, and immigration fees.

\*Recommended flight costs include flight(s) that take place during the date range of your trip to transport travelers from one itinerary destination to another. This cost also includes ground transportation, luggage transfer, and airport assistance. If you prefer to arrange your own flights privately, have alternate means of transport, or wish to modify at a later time, please contact an Expedition Specialist at 1.833.400.0831

Additional costs associated with medical services outside onboard physician consultation.

coverage to protect you from cancellation fees, costs incurred due to trip delays/interruption, damage or loss of baggage, medical assistance, and evacuation during your travels. Our Travel Protection Plan is available for U.S. residents only, and may be purchased any time prior to final payment due date, Travel Protection premiums are non-refundable once plan is purchased. Learn more about our Travel Protection "Plus" Plan: <https://www.expeditions.com/terms-conditions/travel-protection-plan/>

## Cancellation policy

Review our cancellation policy: <https://www.expeditions.com/cancellation-policy/>

## Travel protection plan

We strongly recommend our guests to take advantage of our Travel Protection Plan. This plan offers comprehensive