








& South Pacific
 17° 31' S 149° 34' W

Fiji and Tahiti: Vibrant Reefs and Cultural History

Set sail on a sweeping journey across the South Pacific, discovering the storied archipelagos and seldom-seen islands that lie between Tahiti and Fiji. Explore volcanic peaks rising above turquoise lagoons, coral atolls shimmering with marine life, lush rainforests alive with birdsong and lava-carved caves that reveal dramatic geological forces. In villages and sacred cultural sites, encounter traditions that have endured for centuries, guiding Polynesian seafarers across the vast Pacific and shaping the spirit of these vibrant communities.

From
£22,893 / per person
 Does not include flights

 DATES Apr	 DURATION 16 Days
 SHIPS <i>National Geographic Resolution</i>	
 STARTS AT Papeete, Tahiti, French Polynesia	 ENDS AT Lautoka, Fiji

Itinerary note: Routing may vary and stops may be subject to modification and/or permitting.

International Date Line note: This itinerary crosses the International Date Line, resulting in the loss of one calendar day (April 29) as you sail between Niue and Tonga.

Highlights

- ★ Swim, snorkel and stand-up paddleboard in the aqua lagoons of the South Pacific, exploring everything from deep caves to a marine reserve that shelters eight species of sharks
- ★ Visit the marae complex of Marae Taputapuātea, once a sacred center for voyaging seafarers, now a UNESCO World Heritage site
- ★ Receive a warm welcome from island communities, and experience vibrant cultural traditions from the Cook Islands and Fiji to the remote shores of Niue
- ★ Explore Rarotonga, the largest of the Cook Islands, where white-sand beaches, lush mountain trails and crystalline waters offer endless opportunities for discovery





Day by day

■ DAY 1

Papeete, Tahiti, French Polynesia / Embark Ship

Arrive in Papeete and visit the hospitality suite at the meetup hotel this afternoon. Embark the ship in the early evening.

Meals included: dinner

◇ DAY 2

Taha'a

The sparkling turquoise waters of Taha'a are a haven for exploration and relaxation. Spend the day snorkeling, swimming or kayaking—or simply relax on the beach and take in the breathtaking surroundings. Beneath the surface, vibrant marine life awaits, from playful clownfish and colorful parrotfish to the graceful glide of black-tipped reef sharks. For those who prefer to explore ashore, there is the option to visit a family-run vanilla farm.

Meals included: breakfast, lunch, dinner

◇ DAYS 3-4

Ra'iatea / At Sea

Explore the UNESCO World Heritage site of Marae Taputapuātea on Ra'iatea. One of the most important cultural sites in the Polynesian world, the centuries-old complex was once a center for Polynesian seafarers and the location from which they set out for Rapa Nui (Easter Island), Hawaii and New Zealand.

In the afternoon, the ship heads towards the Cook Islands. Take advantage of onboard amenities as you spend the next day at sea. Head up to the Bridge to watch for wildlife and learn about navigation from the captain and crew, schedule a

massage in the wellness center or enjoy insightful talks from your naturalists.

Meals included: breakfast, lunch, dinner

◇ DAYS 5-6

Rarotonga, Cook Islands / Aitutaki

With its white-sand beaches, crystalline waters, and welcoming community, Rarotonga—the largest of the Cook Islands—offers a perfect introduction to the archipelago. Spend the next two days discovering the islands: set out on a leisurely bike ride, go for a guided mountain hike or enjoy a scenic panoramic tour. A visit to the Te Ara Museum and gift shop offers insight into the islands' rich history and a chance to bring home locally crafted treasures.

Meals included: breakfast, lunch, dinner

◇ DAYS 7-8

At Sea

Enjoy two relaxing days at sea as you sail across the South Pacific en route to Niue Island. Take in ocean views from the lounge, cozy up with a book on Polynesian culture in the library or edit your favorite images at the photo kiosk with help from your certified photo instructor.

Meals included: breakfast, lunch, dinner

◇ DAY 9

Niue

Set out for a day of adventure in Niue, a remote island nation tucked away in one of the most inaccessible corners of the world. The terrestrial and marine habitats of this elevated coral atoll teem with life, from spinner dolphins and humpback whales to colorful birds such as the

crimson-crowned fruit dove. The island is also home to an array of geological wonders, including sheer limestone cliffs, hidden caves and striking exposed coral formations.

Meals included: breakfast, lunch, dinner

◇ DAY 10

At Sea

At sea between Niue and Tonga, you'll experience one of travel's rarest moments—crossing the International Date Line, where an entire day slips from the calendar. Enjoy the steady rhythm of the open ocean, watch for seabirds and dolphins from the observation deck or join your expedition team for engaging presentations.

Meals included: breakfast, lunch, dinner

◇ DAYS 11-12

Vava'u, Tonga / At Sea

Start your day with a sunrise photography session, capturing the luminescent Tongan sun on the horizon with guidance from your certified photo instructor. In the Vava'u islands, visit Mt. Talau National Park, where hiking trails lead to breathtaking viewpoints and the chance to spot native birds such as the Pacific kingfisher and Polynesian starling. Snorkel among swirling schools of fish in the crystalline waters of 'Ana Pekapeka, or Swallows Cave, accessible only by boat. End your day with a sunset photography session, practicing your new skills under the glow of golden hour.

The following day, enjoy time at sea as the ship makes its way toward Fiji, your final destination.

Meals included: breakfast, lunch, dinner

◇ DAYS 13-15

Fiji

Over the next three days, discover the remarkable diversity of Fiji and gain a deeper understanding

of this remote island nation. On Taveuni, the "Garden Island," explore lush vegetation and rare flora such as the Tagimoucia flower, a national emblem of good luck featured on the 50-dollar bill. In the village of Waitabu, you'll be welcomed by a close-knit community and introduced to their traditions, while nearby Bouma National Heritage Park reveals rainforest trails and cascading waterfalls. Beqa Island offers the chance to snorkel in the Shark Reef Marine Reserve, the country's first protected marine park, where up to eight species of sharks may be found. On Kadavu, the southernmost island, encounter pristine tropical landscapes and striking natural beauty that embody the essence of Fiji.

Meals included: breakfast, lunch, dinner

■ DAY 16

Lautoka / Disembark Ship

Disembark in Lautoka and transfer to the airport for flights home.

Meals included: breakfast

Expedition

Papeete, Tahiti, French Polynesia → Lautoka, Fiji

2027 DEPARTURE DATES

Aboard *National Geographic Resolution*

20 Apr				
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National Geographic Resolution

GUESTS

138

CABINS

76

The sister ship to *National Geographic Endurance*, she explores polar & temperate regions

Our second new polar build, *National Geographic Resolution*, is named to honor the second voyage of the legendary Captain James Cook. A fully-stabilized vessel of the highest ice class (PC5 Category A), she will enable adventurous guests to go where few have or can. Resolution's most striking exterior feature is her distinctive profile, the patented X-Bow®, a game-changing design that guarantees the smoothest, most comfortable ride in all kinds of conditions; and since it eliminates bow impact, a quieter ride, as well.

An equally impressive feature may well be her capacity: she carries just 138 guests, a commitment to expedition excellence over scale. Scandinavian-inflected, luxuriously appointed, her inviting interiors would be a destination in themselves. Because she is a Lindblad expedition ship, however, her attention is focused on the world outside – with acres of window glass to keep you connected to the stunning views beyond the pane, and a fleet of expedition tools to get you out exploring.

National Geographic Endurance and *National Geographic Resolution* are next-generation expedition ships. Purpose-built for polar navigation. Fully stabilized, highly strengthened, ice-class Polar Code PC5 (Category A) vessels, they are designed to navigate polar passages year-round, and safely explore uncharted waters, while providing exceptional comfort. The patented X-bow[®] is key to their design; its powerful wave-slicing action provides an extremely smooth ride even in adverse conditions, and even reduces spray on deck for superior observation. They carry a full suite of expedition tools, and offer a variety of experience enhancing amenities.



Cabin Categories

Category 1

FORE DECK #404, 406, 408, 411, 413, 415

Cabin with two large windows, two singles that can convert to a queen, writing desk and chair, two bedside tables, window sofa, coffee table, and a closet.



Category 2

FORE DECK #410, 412, 414, 416-419, 421-427

Cabin with two large windows, two single beds that can convert to a queen, window sofa, two-seat sofa, coffee table, writing desk with an office chair, two bedside tables, coffee table, and a closet.



Category 3

MAIN DECK #512-524

Cabin with balcony that features two balcony chairs, hammock, and a table; two single beds that convert to a queen; convertible sleeper sofa; writing desk with a chair; two bedside tables; coffee table; and a closet.



Category 4

LOUNGE DECK #608, 610, 612, 613-623

Cabin with balcony that features two balcony chairs, hammock and a table; two single beds that can convert to a queen; pull-out sofa; coffee table; writing desk with chair; two bedside tables; and a closet.



Category 5

BRIDGE DECK #700-707, 712, 713, 715, 717

Cabin with balcony that features two balcony chairs, hammock, and a table; two single beds that convert to a queen; convertible sleeper sofa; coffee table; writing desk with chair; two bedside tables; and a closet.



Category 6

BRIDGE DECK #714

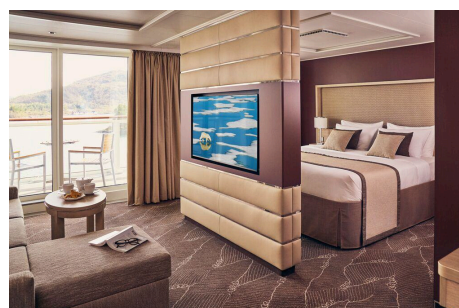
Junior suite with balcony that features two balcony chairs, hammock, and table; two single beds that convert to a queen; pull-out sofa; writing desk with chair; two bedside tables; coffee table; espresso maker and a closet. Guests receive priority access to one spa treatment and one igloo reservation and complementary laundry per departure.



Category 7

BRIDGE DECK #708-711, 716, 718, 719, 721

These large balcony suites feature two balcony chairs, hammock, and table; two single beds that can convert to a queen; pull-out sofa; coffee table; writing desk and chair; espresso maker; and a large walk-in closet with full length mirror. Expanded bathroom has a double vanity, bathtub, towel warmer and rain shower. Guests receive priority access to one spa treatment and one igloo reservation and complementary laundry per departure.



Category A Solo

MAIN DECK #504-510, 513

Cabin with balcony that features two balcony chairs, hammock, and a table; single bed; writing desk with an office chair; and a closet.



Category B Solo

LOUNGE DECK #604-607, 609, 611

Cabin with balcony that features two balcony chairs, hammock, and a table; single bed; writing desk with chair; hammock; and a closet.



Deck Plans

Observation Deck



Bridge Deck

- Category 5
- Category 6
- Category 7



Lounge Deck

- Category 4
- Category B Solo



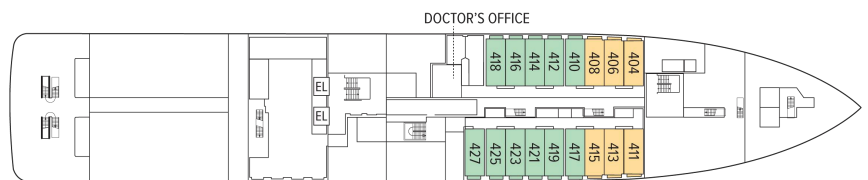
Main Deck

- Category 3
- Category 2 Solo

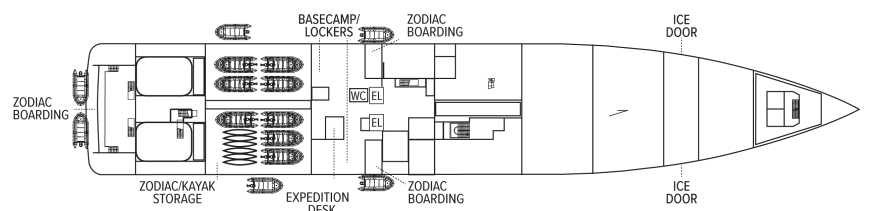


Fore Deck

- Category 1
- Category 2



Expedition Deck



Ship Amenities

Public Areas

Reception; three dining areas; an observation lounge with bar, gym, wellness area, infinity-style outdoor hot tubs with adjacent igloos; library; main lounge with full service bar, 24-hour beverage station, state-of-the-art tech for films/presentations; OM System photo locker and a photo workshop area; science hub; an onboard broadcast studio; an expedition base with lockers for expedition gear; and open access to the Bridge, Captain, officers and on-duty wildlife spotters.

Meals

Restaurant 270° features wrap-around views; two other dining areas offer lighter, made-to-order fare or intimate, small group dinners. All feature sustainable choices, local where possible, and unassigned, flexible, inclusive seating.

Cabins

All cabins face outside with large windows, private bathroom, and climate controls. Cabins are equipped with expedition command centers with iPad tablets, multiple electrical and USB outlets, TVs, with on demand entertainment, phone, Wi-Fi, clock, barometers, hygrometers, vanity mirror, mini refrigerator, small safe, ice bucket, glasses, hair dryer, reading lights and National Geographic Atlas. Luxury linens and pillows. Bathrooms outfitted with Rain showers & hand held shower, botanically inspired shampoo, conditioner, shower gel and lotion. Complimentary insulated water bottles. Balcony cabins have hammocks, chairs and table.

Expedition Equipment

Zodiac landing craft, kayaks, snowshoes, cross-country skis, an ROV and underwater video camera for unique access to the polar undersea, hydrophone, aerial remote-controlled camera and video microscope.

Special Features

A full-time doctor, undersea specialist, National Geographic photographer, National Geographic-Lindblad Expeditions certified photo instructor and video chronicler, an internet cafe and laundry. A forward and aft staircase, and elevators, reach all decks. Echoing the pioneering installation aboard *National Geographic Endurance*, artist Zaria Forman has curated a new exhibit featuring a wide range of artists.



Wellness

A glass-enclosed yoga studio, gym, treatment rooms and spa relax area, and high and low-heat saunas with ocean views, staffed by wellness specialists.

Self-Disinfecting Ships

ACT Clean Coat™ is a light-activated, self-disinfecting cleaning process that continuously breaks down viruses, bacteria, mold, and airborne allergens across all ship surfaces. Not only does this create a cleaner, healthier shipboard environment for guests and crew alike, but this non-toxic, chemical-free system also saves more than one million gallons of water each year in our cleaning procedures, and reduces our carbon footprint as well as the amount of plastic and waste in our supply chain.

Special Offers

CELEBRATE LIFE'S MILESTONES

Celebrate a milestone with a group of eight or more and enjoy a special amenity package including: 5% savings on voyage fares, custom group photo, US\$150 shipboard credit for the group, and other special gifts. Milestone celebration to be communicated at time of booking.

10% OFF BACK-TO-BACK VOYAGES

Save 10% on consecutive departures, applicable on voyage fares only and not valid on extensions or airfare. Valid for new bookings only, subject to availability, and may not be combined with other offers. Call for details.

SAVE 5% TRAVELING AS A GROUP

Save 5% when traveling as a group of 8 or more people. Valid for new bookings only on select departures, subject to availability, not applicable on extensions, and may not be combined with other offers. Call for details.

COMBINING OFFERS

Certain offers may be combinable, up to two savings opportunities, except where noted otherwise. For example, travel with a group of 8 or more on back-to-back expeditions, and take advantage of both savings.

INCLUDED IN PRICE

All accommodations aboard ship or in hotels per itinerary; all meals as indicated in the itinerary, both aboard and onshore; beer, wine, cocktails, and spirits aboard the ship (except certain super premium brands which are available for purchase); hors d'oeuvres, 24-hour access to snacks, premium coffees and teas, non-alcoholic beverages, and filtered water; excursions and airport transfers to and from recommended flights, as indicated in the itinerary; crew gratuities; exploration tools curated to destination, such as Zodiacs, stand-up paddleboards, kayaks, snorkeling equipment (including wetsuits, masks, and fins); guidance and company of our leading expedition staff; assistance by the National Geographic Photography Expert and Lindblad Expeditions-National Geographic certified photo instructor; access to the OM System Photo Gear Locker; presentations by expedition staff and expert guest speakers; complimentary reusable water bottle; services of a physician, physician's assistant, nurse practitioner, or paramedic; morning stretch classes and 24-hour access to exercise equipment; 24-hour access to lounges, observation decks, library, and other shared spaces; park and site entrance fees, special access permits, and port taxes. Unused services or items included in our programs are non-refundable.

NOT INCLUDED IN PRICE

Airfare (except flights when indicated as included); pre- and post-expedition extensions; additional hotel nights (except when indicated as included); private transfers; laundry, spa treatments, scuba diving for pre-qualified divers on select voyages*, Wi-Fi, and phone services (except when indicated as included); travel protection plans; and passport, visa, and immigration fees.

*Scuba Diving Requirements

- Dives can be challenging so divers must have ample previous experience
- Divers need at least 25 lifetime dives if you're advanced open water and at least 35 if you're just open water
- Divers need to have completed an open water dive or professional refresher course within 12 months of the voyage
- Divers need to receive medical clearance to dive from a doctor (form provided upon registration) and provide proof of dive insurance

TRAVEL PROTECTION PLAN

We strongly recommend our guests to take advantage of our Travel Protection Plan. This plan offers comprehensive coverage to protect you from cancellation fees, costs incurred due to trip delays/interruption, damage or loss of baggage, medical assistance, and evacuation during your travels. Our Travel Protection Plan is available for U.S. residents only, and may be purchased any time prior to final payment due date, Travel Protection premiums are non-refundable once plan is purchased. Learn more about our Travel Protection "Plus" Plan: <https://www.expeditions.com/terms-conditions/travel-protection-plan/>

CANCELLATION POLICY

Review our cancellation policy: <https://www.expeditions.com/cancellation-policy/>